



HEALTH AND SAFETY AWARENESS 1 Day Course

The Health & Safety Awareness course highlights potential hazards when working on site and provides practical advice on keeping yourself and your colleagues safe. It covers your individual and employer's responsibilities, including what you can do if you think anyone's health and safety is being put at risk.



What will you learn?

- Understand the need to prevent accidents.
- Have an understanding of health and safety law.
- Identify how their role fits into the control and management of the site Understand the need for risk assessments and method statements
- Appreciate the need to perform safely and to stop and ask for advice if not sure.
- Feel obliged to report unsafe acts to prevent an accident

This course is the first step towards a CSCS Card - Green Card

The examination paper is compulsory and consists of 25 multiple-choice questions covering all aspects of the CITB Health and Safety Awareness course.